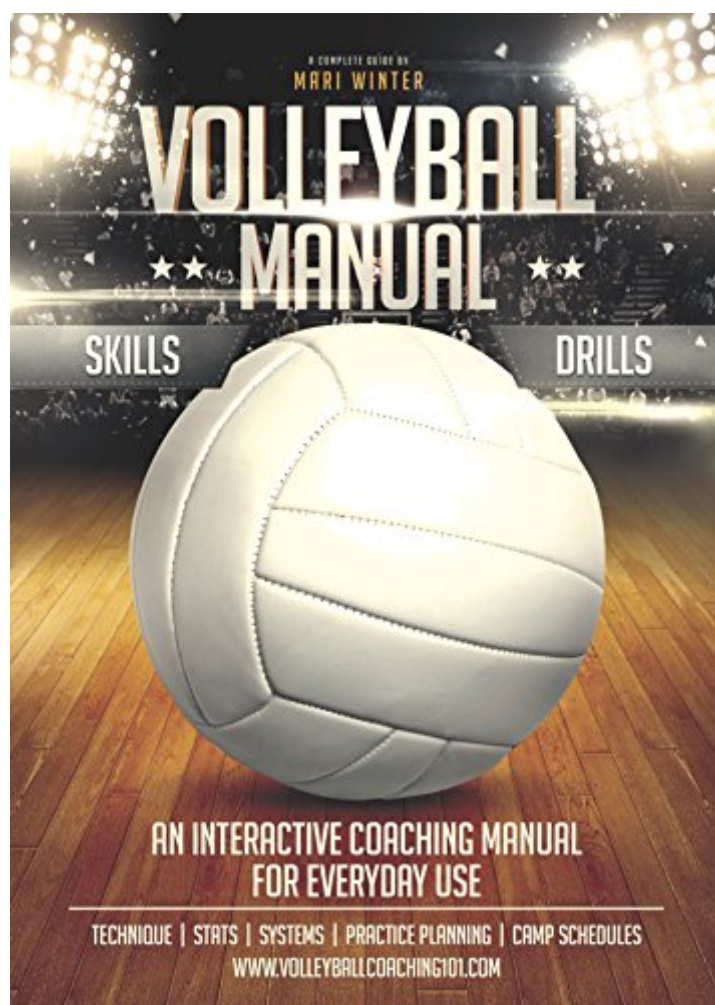




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Volleyball Coaching Manual: An Interactive Coaching Manual For Everyday Use



Synopsis

A volleyball coaching manual to help coaches from beginner to collegiate. This is also a great resource for parents to gain a better understanding and to be informed of what all this great game of volleyball entails. Now you can be an even better educated supporter of your son/daughter and team from the sidelines. Over 17 years of coaching experience at every age and skill level and with 14 years of collegiate coaching experience captured into one book. This book is everything I've learned over the years working with and playing for the very best National coaches, collegiate coaches and club coaches in our sports history. Used as a daily resource guide and planner for everything from: drills, skill, techniques, stats, forms, team bonding, practice planning, summer camp schedules, dealing with parents and everything in-between. This truly is the first and only coaching book on the market designed to help you every single day on and off the court. This manual contains both Gold Medal Squared philosophies and philosophies taught in Europe and other countries. There is more than one way to climb a mountain and this book offers up some additional and alternative information and philosophies to help you and your teams reach the peak and be the successful in every way.

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Customer Reviews

I have known Mari before she was a giant. She has lived and breathed volleyball. She makes coaching and loving the game of volleyball addicting. You'll never work harder and you'll love your results. This workbook is a must have for coaches, players and parents.

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